

# RUGBY HIGH SCHOOL BOYS TRACK & FIELD RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DIST.</u>	<u>YEAR</u>
100 METER DASH .....	Nigel Hageness .....	10.49 .....	2014
200 METER DASH .....	Justin Schiele .....	21.69 .....	1999
400 METER DASH .....	Scott Frueh.....	49.53 .....	1993
800 METER RUN.....	Kevin Miiller.....	1:55.91.....	1990
1600 METER RUN.....	Kevin Miiller.....	4:19.46.....	1990
3200 METER RUN.....	Kevin Miiller.....	9:22.15.....	1990
110 METER HURDLES .....	Eric Kuntz.....	14.54 .....	2010
300 METER HURDLES .....	Cody Gronvold .....	38.62 .....	2006
HIGH JUMP .....	Nolan Hovland.....	6'8" .....	2015
LONG JUMP.....	Bryant Halvorson.....	22'11¼" .....	2009
TRIPLE JUMP.....	Nolan Hovland.....	46'5¼" .....	2015
SHOT PUT.....	Shane Duchscher.....	53'7" .....	2001
DISCUS .....	Dale Sanderson .....	167'10".....	1976
JAVELIN(Rubber Tip).....	Dustin Schneibel .....	174'0" .....	1995
POLE VAULT .....	Tom Heilman.....	15'0" .....	1998
4 x 100 METER RELAY .....	Dustin Herold .....	43.90 .....	2017
	Kade Leier		
	Kaden Jaeger		
	Cade Heilman		
4 x 200 METER RELAY .....	Todd Leier.....	1:31.50.....	1999
	Travis Anderson		
	Mike Duchscher		
	Justin Schiele		
4 x 400 METER RELAY .....	Travis Vangsness.....	3:27.24.....	1998
	Tom Heilman		
	Luke Boe		
	Travis Anderson		
4 x 800 METER RELAY .....	Mark Myhre .....	8:05.13.....	1988
	Jason Fritz		
	Jim Johnston		
	Kevin Miiller		